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# First CMB constraints on the inflationary reheating temperature

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# Outline

Observing inflation

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CMB constraints on  
reheating

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Conclusion

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## Observing inflation

Cosmological perturbations

Example: single field inflation

Hidding  $z_{\text{end}}$  behind a pivot

The reheating parameter  $R_{\text{rad}}$

## CMB constraints on reheating

Reheating consistent predictions for massive inflation

CMB and slow-roll parameters

Inferring reheating from CMB data

WMAP7 constraints on large field reheating

The reheating temperature

## Conclusion

J. Martin and CR: [arXiv:1004.5525](https://arxiv.org/abs/1004.5525)

J. Martin, CR and R. Trotta: [arXiv:1009.4157](https://arxiv.org/abs/1009.4157)

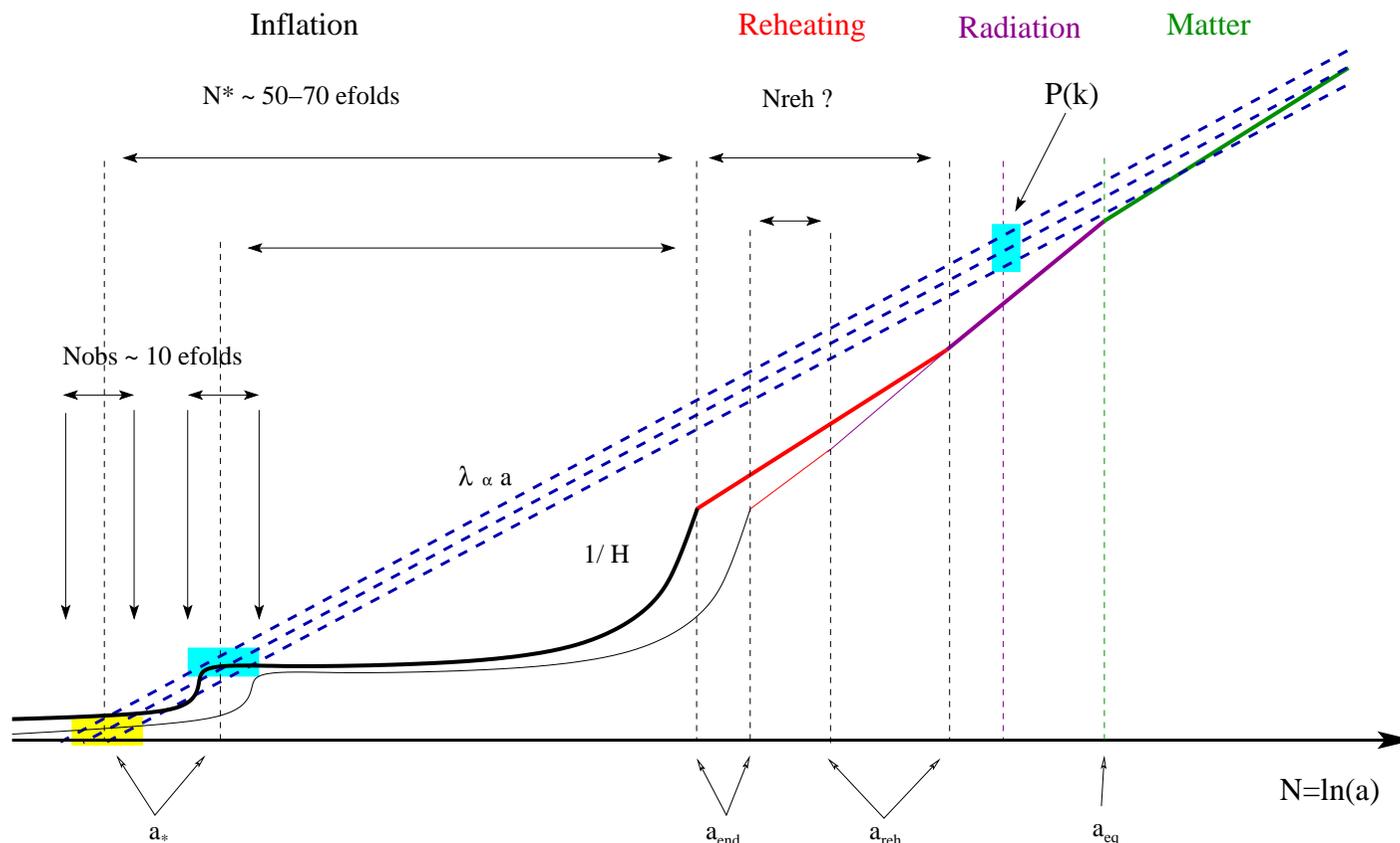
# Cosmological perturbations of inflationary origin

Observing inflation  
Cosmological perturbations

Example: single field inflation  
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- CMB and LSS sourced by  $\zeta$  (curvature) and  $h$  (tensor)

$$\mathcal{P}_\zeta(k) = \frac{k^3}{2\pi^2} |\zeta_{\mathbf{k}}|^2, \quad \mathcal{P}_h = \frac{2k^3}{\pi^2} |h_{\mathbf{k}}|^2$$

## Example: single field inflation

### Observing inflation

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### ■ Makes predictions for the primordial power spectra

◆ Knowing  $V(\phi) + \text{FLRW}$  gives  $\phi(N)$  (background)

◆ Knowing  $\phi(N)$  gives the evolution of  $\mu_{\mathbf{k}} \equiv a\sqrt{2}\dot{\phi}\zeta_{\mathbf{k}}$

$$\dot{\phi} \equiv \frac{d\phi}{dN} \Rightarrow \ddot{\mu}_{\mathbf{k}} + \left(1 - \frac{1}{2}\dot{\phi}^2\right) \dot{\mu}_{\mathbf{k}} + \frac{1}{H^2} \left[ \left(\frac{k}{a}\right)^2 - \frac{(a\dot{\phi})''}{a^3\dot{\phi}} \right] \mu_{\mathbf{k}} = 0$$

◆  $\zeta_{\mathbf{k}}$  is conserved after Hubble exit  $\Rightarrow \mathcal{P}_{\zeta}$

### ■ What is the actual value of $k/a$ ?

◆ The one we are interested in **today** in  $\text{Mpc}^{-1}$

$$\frac{k}{a} = \frac{k}{a_0} (1 + z_{\text{end}}) e^{N_{\text{end}} - N}$$

◆ Depends on a background quantity:  $z_{\text{end}} = ?!$

# Hidding $z_{\text{end}}$ behind a pivot

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- Pick up a particular scale  $k_*/a_0 = 0.05 \text{ Mpc}^{-1}$

$$\frac{k}{k_*} = \frac{k/a_0}{0.05 \text{ Mpc}^{-1}}$$

- Expand the power spectra around the pivot: ex slow-roll

$$\mathcal{P}_\zeta(k) = \frac{H_*^2}{8\pi^2 M_{\text{Pl}}^2 \epsilon_{1*}} \left[ 1 - 2(C+1)\epsilon_{1*} - C\epsilon_{2*} - (2\epsilon_{1*} + \epsilon_{2*}) \ln \frac{k}{k_*} \right]$$

- All “\*” quantities are evaluated at  $N_*$  such that:  $k_* = a(N_*)H(N_*)$

$$\frac{k_*}{a_0} = \frac{e^{N_* - N_{\text{end}}} H(N_*)}{1 + z_{\text{end}}}$$

◆ Solving for  $N_*$  requires  $z_{\text{end}}$

- Inflationary predictions  $\Leftarrow z_{\text{end}} \Leftarrow$  reheating model

# The reheating parameter $R_{\text{rad}}$

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- For instantaneous transitions: inf  $\rightarrow$  reh  $\rightarrow$  rad  $\rightarrow$  mat

$$1 + z_{\text{end}} = (1 + z_{\text{eq}}) \left( \frac{\rho_{\text{reh}}}{\rho_{\text{eq}}} \right)^{1/4} \frac{a_{\text{reh}}}{a_{\text{end}}} = \left( \frac{\rho_{\text{end}}}{\rho_{\text{r0}}} \right)^{1/4} \frac{1}{R_{\text{rad}}}$$

$$R_{\text{rad}} \equiv \frac{a_{\text{end}}}{a_{\text{reh}}} \left( \frac{\rho_{\text{end}}}{\rho_{\text{reh}}} \right)^{1/4}$$

- Quantifies deviations from a radiation-like reheating era

- ◆ In terms of reheating duration:  $\Delta N \equiv N_{\text{reh}} - N_{\text{end}}$

$$\bar{w}_{\text{reh}} \equiv \frac{1}{\Delta N} \int_{N_{\text{end}}}^{N_{\text{reh}}} \frac{P(n)}{\rho(n)} dn \quad \Rightarrow \quad \ln R_{\text{rad}} = \frac{\Delta N}{4} (-1 + 3\bar{w}_{\text{reh}})$$

- ◆ In terms of energy densities

$$\ln R_{\text{rad}} = \frac{1 - 3\bar{w}_{\text{reh}}}{12 + 12\bar{w}_{\text{reh}}} \ln \left( \frac{\rho_{\text{reh}}}{\rho_{\text{end}}} \right)$$

- Slow-roll trajectory for  $V(\phi) = m^2\phi^2$

$$\phi^2(N) \simeq \phi_{\text{end}}^2 - 4(N_{\text{end}} - N), \quad \phi_{\text{end}}^2 = 2, \quad \epsilon_1 = \frac{2}{\phi^2}, \quad \epsilon_2 = \frac{4}{\phi^2}$$

- Solving the pivot crossing for  $\Delta N_* = N_{\text{end}} - N_*$

- ◆ Friedmann–Lemaître:  $\rho_{\text{end}}(\Delta N_*) = \frac{3}{2} \frac{V_{\text{end}}}{V_*} \times 3H_*^2(3 - \epsilon_{1*})$

- ◆ For a given  $R_{\text{rad}}$ ,  $\Delta N_*$  solution of the transcendental equation

$$\Delta N_* - \frac{1}{4} \ln(8\pi^2 P_*) + \frac{1}{4} \ln \left( \frac{3}{\epsilon_{1*}} \frac{V_{\text{end}}}{V_*} \frac{3 - \epsilon_{1*}}{3 - \epsilon_{1\text{end}}} \right) = \ln R_{\text{rad}} - \ln \left( \frac{k_*/a_0}{\rho_{r0}^{1/4}} \right)$$

- ◆ Particular case  $\bar{w}_{\text{reh}} = 0$  (parametric oscillations)

$$\ln R_{\text{rad}} = \frac{1}{12} \ln \left( \frac{\rho_{\text{reh}}}{\rho_{\text{end}}} \right)$$

# CMB and slow-roll parameters

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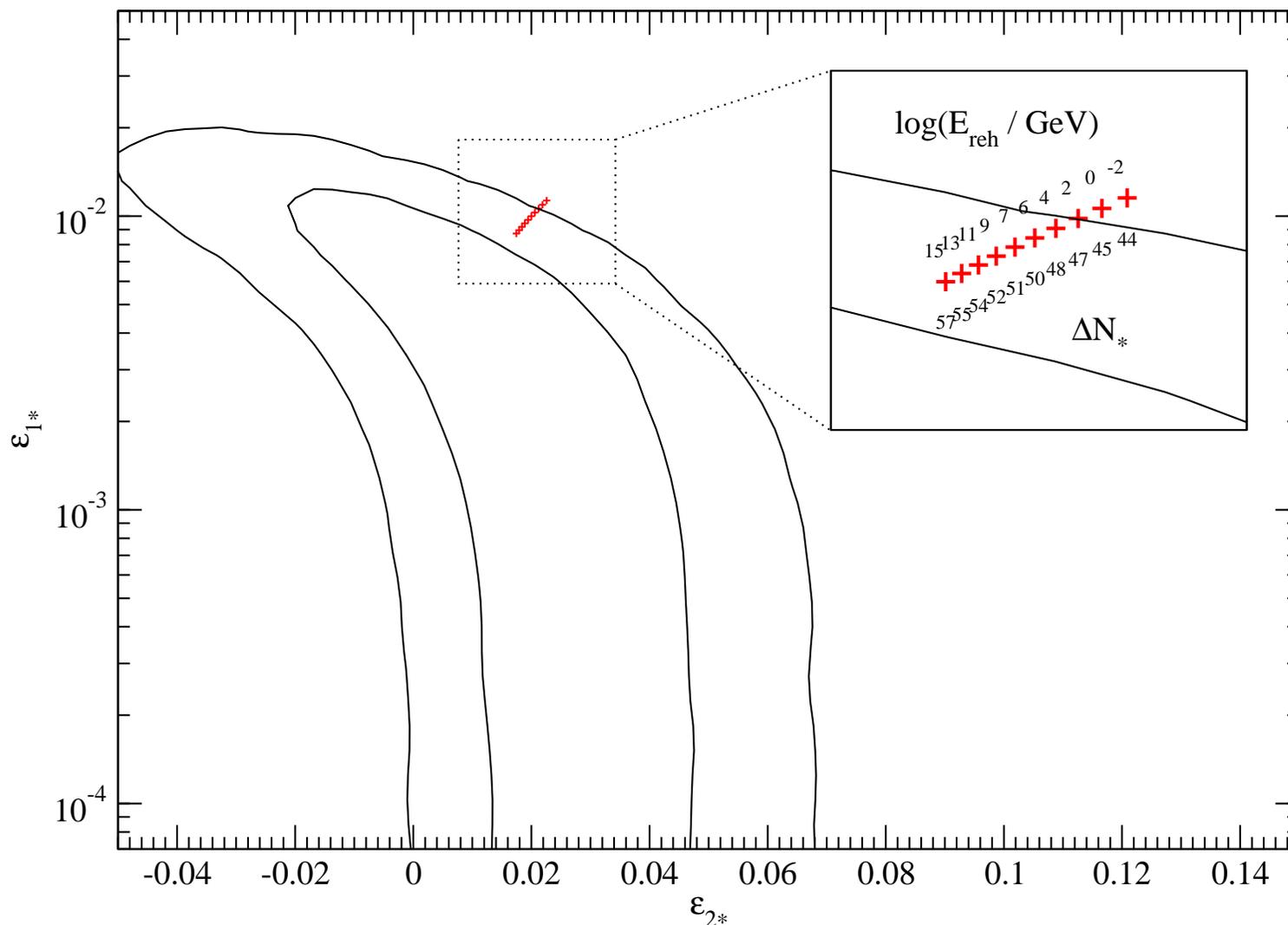
Inferring reheating from CMB data

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## ■ Massive inflation with $\bar{w}_{\text{reh}} = 0$



# Inferring reheating from CMB data

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- General reheating (no assumptions on  $\bar{w}_{\text{reh}}$ )
  - ◆ Occurs after inflation and before BBN:  $\rho_{\text{nuc}} \leq \rho_{\text{reh}} \leq \rho_{\text{end}}$
  - ◆ GR energy conditions:  $-1/3 < \bar{w}_{\text{reh}} \leq 1$ .
- $\forall$  inflationary model  $V(\phi)$ 
  - ◆ Numerical integration background + linear perturbations
  - ◆ Computes the power spectra (FieldInf)
  - ◆ Evolves the cosmological perturbations (CAMB)
  - ◆ MCMC data analysis (CosmoMC) + evidence (MultiNest)
- **Inflationary** cosmological parameters
  - ◆ Usual cosmo params + **potential parameters**  $-1$  (normalisation)
  - ◆ Amplitude of the scalar perturbations:  $P_*$
  - ◆ Rescaled reheating parameter  $R \equiv R_{\text{rad}} \rho_{\text{end}}^{1/4}$

# WMAP7 constraints on large field reheating

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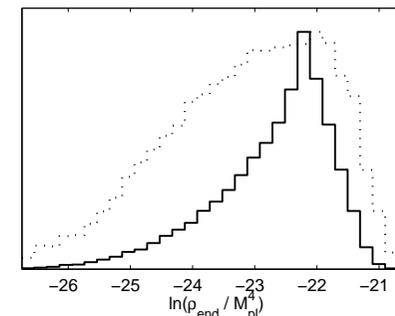
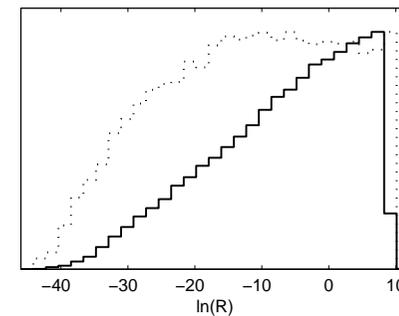
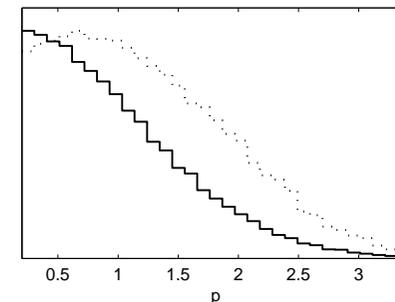
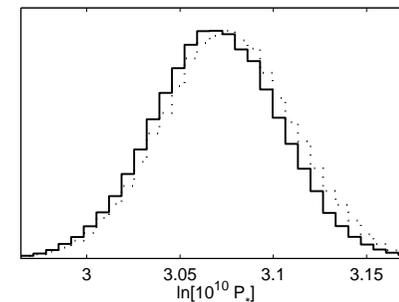
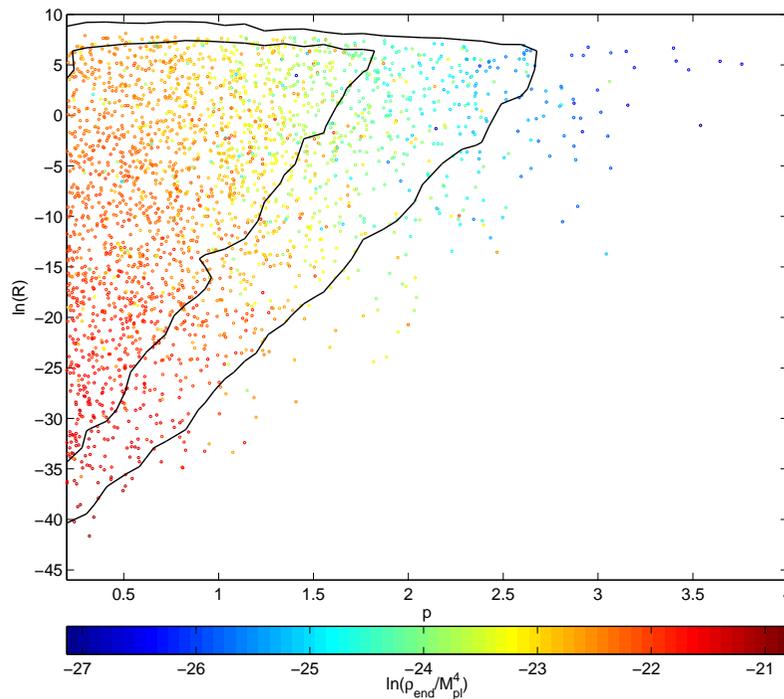
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## Large field models $V(\phi) \propto \phi^p$ with priors

$$0.2 < p < 5, \quad \rho_{\text{end}} < 1, \quad -46 < \ln R < 15 + \frac{1}{3} \ln \rho_{\text{end}}$$



## Posteriors at 95% of confidence level

$$\ln R > -28.9, \quad p < 2.2, \quad 4.4 \times 10^{15} \text{ GeV} < \rho_{\text{end}}^{1/4} < 1.2 \times 10^{16} \text{ GeV}$$

# The reheating temperature

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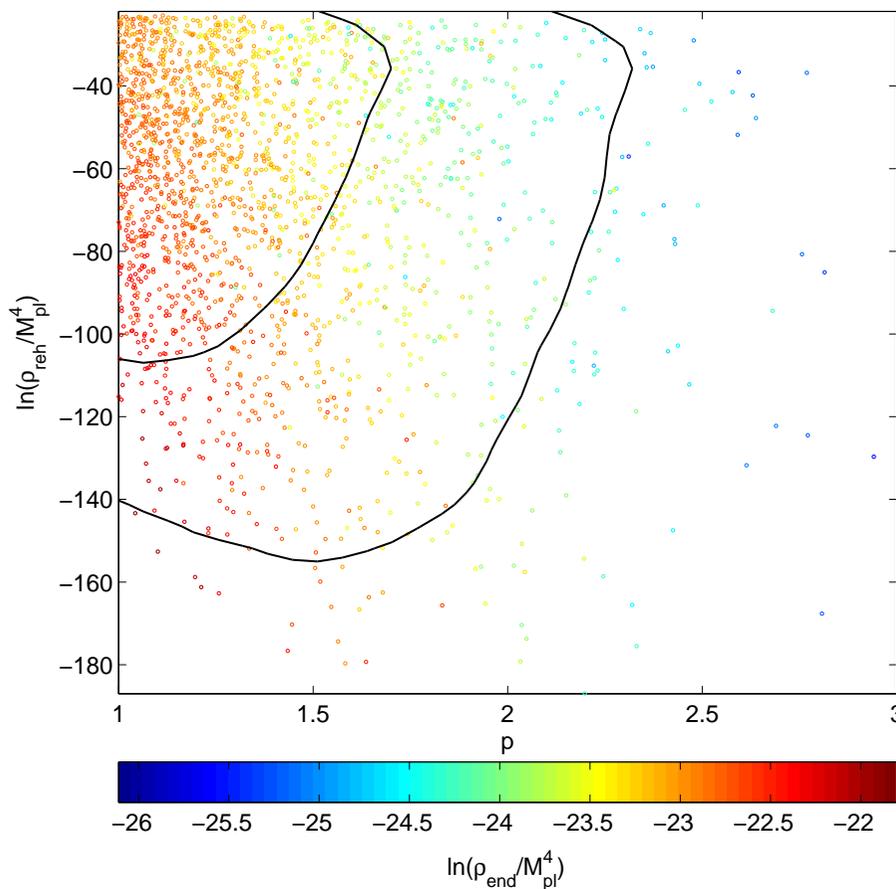
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Conclusion

■ CMB is sensitive to  $R_{\text{rad}}$  (or  $R$ ) only

◆ Inferring  $\rho_{\text{reh}}$  requires extra-assumptions

◆ Parametric oscillations in  $V(\phi) \propto \phi^p \Rightarrow \bar{w}_{\text{reh}} = \frac{p-2}{p+2}$



■ New posteriors: at 95% CL

$$\rho_{\text{reh}}^{1/4} > 17.3 \text{ TeV}$$

- New approach of CMB data analysis to test inflationary models
  - ◆ Goes beyond slow-roll or power law functional forms for  $P(k)$
  - ◆ Directly infers the inflationary “physical parameters”
- Reheating model with  $R_{\text{rad}}$  (role similar to  $\tau$ )
  - ◆ Does not have small effects ( $\Delta N_*$ )
  - ◆ No longer a nuisance: constrained by WMAP7, also for SF

$$\ln R > -23.1 \quad \Rightarrow \quad \begin{cases} \rho_{\text{reh}}^{1/4} > 390 \text{ GeV} & (\bar{w}_{\text{reh}} = -0.2) \\ \rho_{\text{reh}}^{1/4} > 890 \text{ TeV} & (\bar{w}_{\text{reh}} = -0.3) \end{cases}$$

- Application to Bayesian evidence
  - ◆ Comparison SF/LF for WMAP7 3 : 1

# Bayesian evidence for LF and SF

